

# CASI, Inc.

## Mission Statement

Community Addiction Services of Indiana promotes growth, respect and integrity by providing affordable, accessible, community based services including education, advocacy and counseling for individuals and families.

CASI is a member of United Way of Central Indiana and the Addiction Resource Network of Indiana, Inc. Financial support is also provided by the Hoosier Assurance Plan, Drug Free Marion County, and other grants, fees, and tax deductible donations.



Indianapolis Outpatient Services  
Hamilton County Outpatient Services  
The Confidence Club



# Gambling Treatment Services



Community Addiction Services  
of Indiana, Inc.

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# CASI Outpatient Gambling Treatment Services

## Could You Be A Compulsive Gambler?

### 10 Questions To Consider

1. Have you ever gambled longer than originally planned?
2. Have you ever gambled until all your money was spent?
3. Have you ever unsuccessfully tried to quit gambling?
4. Have you ever lied about how much you gamble?
5. Have you ever used your savings to gamble?
6. Have you ever broken the law to gamble?
7. Have you ever borrowed money to gamble?
8. Have you ever felt depressed because of gambling losses?
9. Have you ever felt remorseful after gambling?
10. Have you ever gambled to meet financial obligations?



## What is Compulsive Gambling?

Problem gambling is behavior which disrupts several areas of life: psychological, physical, emotional, and/or social. This behavior is known as "Compulsive." Compulsive gambling is an illness; a progressive addiction characterized by increasing preoccupation with gambling. A person feels a need to gamble more frequently, as well as restlessness or irritability while attempting to regain losses. A person feels an increasing loss of control which manifests as a continuation of gambling behavior, despite negative consequences. Experts estimate more than 15 million adults are at risk for problem gambling.



Youth, as compared to adults, consistently demonstrate increased incidence of problem gambling. A compulsive gambler must desire to stop gambling and admit help is needed in order to successfully quit. Once a compulsive gambler stops gambling they can never gamble again, or they risk falling back into destructive gambling patterns. If a

problem gambler also abuses or is dependent on alcohol or other drugs, CASI offers integrated treatment services to deal with both. All CASI services are available on a sliding fee scale, based on household income.

## Treating Compulsive Gambling



Treatment for compulsive gambling is confidential, non-judgmental, and compassionate. Comprehensive services are offered by trained professionals, and include:

- Crisis Intervention
- Individual Counseling
- Group Therapy
- Gamblers Anonymous Meeting Attendance
- Consumer Credit Counseling Referral
- Family involvement is strongly encouraged